

THE REFLECTOR

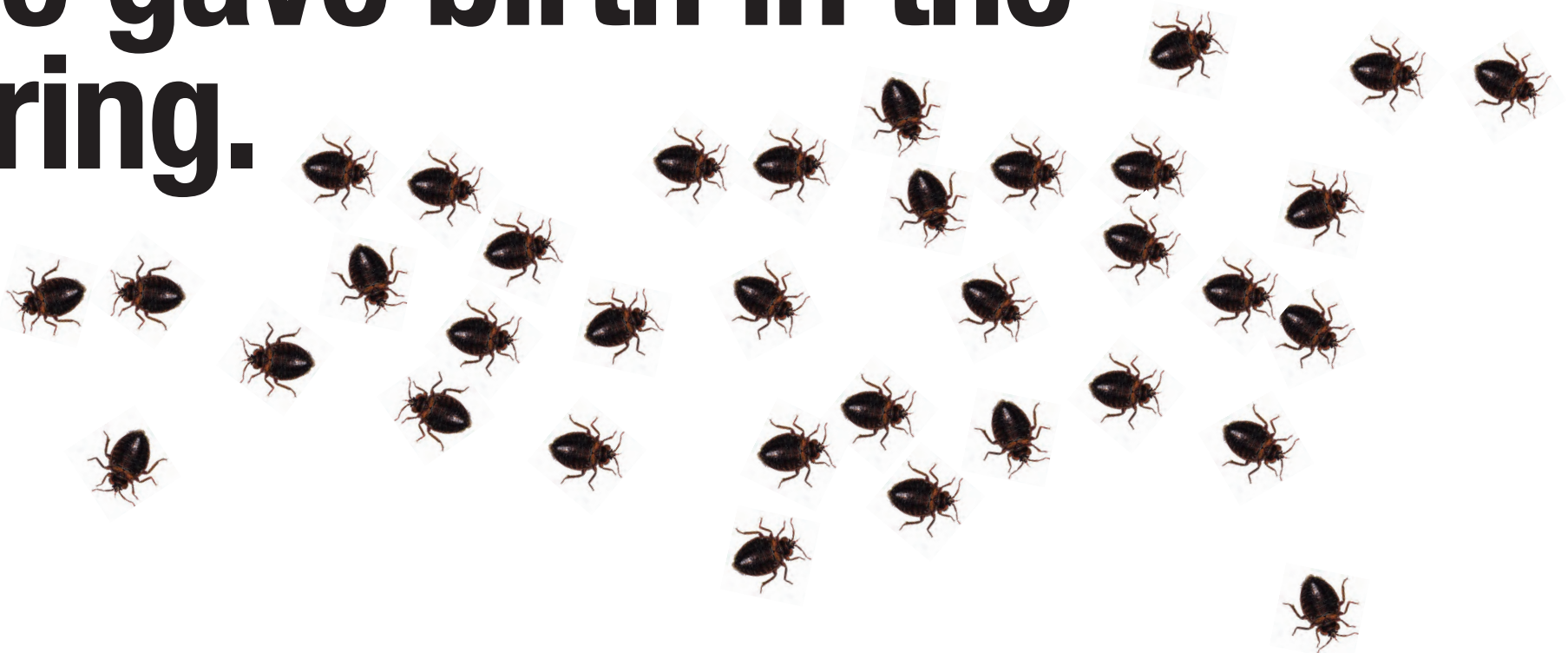
FREE

November 4, 2010

Did you hear
the one
about the
pregnant
bedbug?



She gave birth in the
spring.



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share MRU's
core values

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November 4, 2010

BRIEFS

In its debut in the *Globe & Mail's* annual Canadian University Report, Mount Royal University got top marks, earning an A- or higher in 10 categories, and a B or higher in six categories. The school's lowest grade came in ranking the library, with a still-respectable B-. All grade were given by students. The entire report can be viewed online at www.globecampus.ca.

During his swearing-in ceremony on Oct. 25, Mayor Naheed Nenshi asked Calgarians not to revert to a general disinterest in politics now that the election is over. City council meetings are open to the public, and can be attended, in person at City Hall or via webcast at www.calgary.ca/cws/councilWebCast.html, every first and third Monday of the month at 9:30 a.m.

The worst kind of roommate

Common pest makes comeback in multi-unit housing across the country

by Devin Ayotte
The Reflector

When Mount Royal University journalism student Nichole McKenzie moved into her new apartment this past summer, she had no idea how many roommates she would be sharing it with. McKenzie is one of a growing number of students feeling the pinch as bedbugs run rampant throughout rental properties and university residences.

At first, McKenzie said, she had no idea she had bedbugs. “I first noticed about a month after I moved into my apartment. It was summer so I thought it might be mosquito bites.

“But when it started to get cold out and I was still getting bites I knew it had to be bedbugs. So I contacted my building manager and they had to come spray it.”

According to Keith Petrie at Cal-Rid, a local exterminator often contracted by Mount Royal and Residence Services to deal with pests, McKenzie’s experience is typical of first-time sufferers.

“A lot of people let it get too far because they didn’t know what was happening,” he said.

And once you’ve got them, Petrie said, it can be extremely difficult to lose them — a bedbug can live from 12 to 18 months on a single bite of blood, and newly hatched bedbugs are capable of feeding on the human blood from their parents.

Different people will react in different ways to the saliva in the bug bites, varying from an unnoticeable mark to something resembling a mosquito bite.

“(It) doesn’t matter if you are rich or poor, dirty (or) clean,” Petrie said, adding there’s not much you can do to avoid a bedbug infestation. The pesky insects can hide anywhere. Petrie has found bedbugs in closets, mattresses, pillows, books, even crawling around inside a prosthetic leg.

“(To) most people I would just say, if you’re going to someone’s house, don’t lay your coat on their chesterfield.”

Infestations are on the rise. Cal-Rid has been seeing a steady increase in bedbug-related cases over the last de-

cade, and now Petrie said they often treat as many as 50 units in a single day. Studies suggest that the reason North America in general is seeing a resurgence in bedbug infestations is because the pest has developed a resistance to traditionally used pesticides.

Although no one from Residence Services was available for comment on whether the pests have infiltrated Mount Royal, a recent Macleans article quoted Chris Rogerson, associate director of Residence Life at Simon Fraser University, saying that “no multi-unit housing provider” is immune from the problem. The same article cites cases at both the University of Calgary and the University of Alberta, the latter of which was forced to evacuate and treat an entire 20-storey residence complex in 2008.

McKenzie’s building manager was not so thorough — although her apartment was sprayed, she was still forced to move at the beginning of the school year to escape the pests.

“It was right at the beginning of school. It was kind of a pain,

but you manage.” The trouble, she said, was cutting off the bedbugs’ means of following her. “The worst part is that you have to go through all of your stuff and get rid of it.

“When I move into a new apartment, I (will) have to buy all new furniture and everything.”

The psychological impact of the bugs can also be trying.

“I had a hard time sleeping at night and stuff. And I still don’t like to sleep without a light on,” McKenzie said. According to Petrie, workers at Cal-Rid often begin their day listening to an answering machine full of late-night calls from people desperate to have their homes treated. Some of them, he says, are past clients who continue to feel the bugs long after they have been thoroughly exterminated.

“Those bugs are very ingenious.”

Status update: Where do you like it?

Unconventional breast cancer awareness movement on Facebook still important



by Catherine Szabo
News Editor

I like it out in the open.

This isn’t the sex column, but during the month of October, other ladies used their Facebook statuses to declare that they like it on the floor, on their desk or on their chair.

It’s not what you think. If you missed it: in an effort to raise awareness about breast cancer, a chain message was passed among the female population of the social media site, asking them to set their statuses to where they like to set their purses down.

If my news feed is any indication, it didn’t catch on as well as last year, when women were supposed to post just the colour of their bra with no other

explanation.

But the movement has still managed to polarize the blogosphere, with comments pointing out that the link between purses and breasts is a little bit of a stretch.

In the blog “Shameless,” Emma Woolley wrote, “A commentator...claimed I was discouraging female sexuality by opposing the meme, when I just think it’s too unrelated and ineffective.”

While the bra posts of 2009 may have had a more obvious link to breast cancer, purses are specifically feminine, and the sexual connotation of the status update lends itself to the fact that breasts are an integral part of the way that women define themselves sexually.

There are other posts around the Internet on the same topic that are much calmer in tone, but there are inevitably comments that are indignant, arguing that a suggestive sentence won’t find a cure.

Instead of simply saying that

the others are wrong and being quiet about a disease that one in nine Canadian women are diagnosed with in their lifetime, a commentator using the alias “great” on “My breast cancer blog” went one step further.

“For everyone asking how it raises awareness, how many people Googled (“I like it on”) today and heard about the issue of breast cancer?” the user wrote. “You’re here talking about it, so clearly you read or heard about it. Would breast cancer have occurred to you out of the blue today?”

One of the characteristics of a social movement is that it has a specific issue to resolve since it is not being addressed by the current system. There are so many causes, charities and other institutions demanding our attention every minute of the day. If it takes something with a sexually-charged message to get our attention, then so be it.

To be perfectly honest, I have declared, for simplicity’s sake, that I like it out in the open,

but what I really like is that others are putting it out in the open. Even though I proudly participate in the CIBC’s Run for the Cure every October, decked out in every piece of pink clothing I can possibly find, I’m still not comfortable talking about my family friends who have battled the disease, even though some of them are quite open about their experiences.

The Canadian Cancer Society estimated that in 2010, 23,200 women and 180 men will be diagnosed with breast cancer, and 5,300 women and 50 men will die of it.

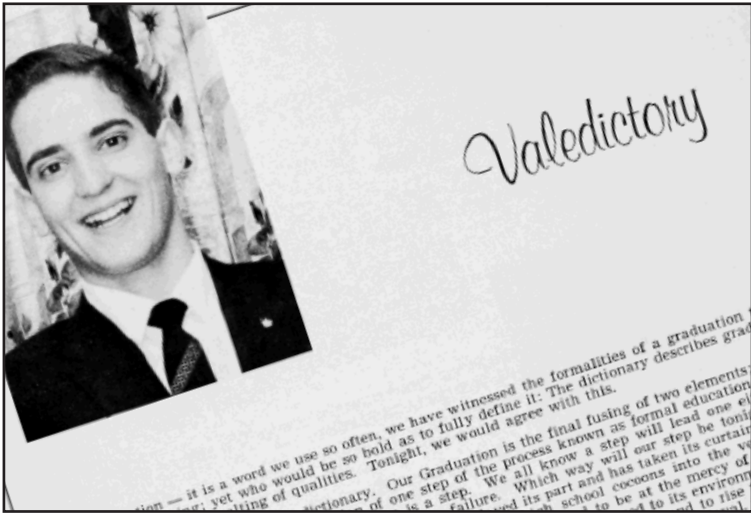
The Facebook statuses may not be a conventional method of raising awareness, but then again, it could be argued that Mayor Naheed Nenshi’s campaign tactics weren’t conventional either, and look where that got him.

While I usually like it on my beanbag chair, I like it out in the open any day.



Photo by Ruben Nelson

Ruben Nelson has occasionally been a consultant for Mount Royal since being valedictorian in 1957.



Courtesy of Ruben Nelson

Nelson delivered this speech in 1957 at the Central United Church, before today's campus was built.



Photo by Zoey Duncan

Nori Sinclair is valedictorian for the fall 2010 graduating class of Mount Royal University.

Nomination process changed

by Bryan Weismiller
The Reflector

Beginning in 2011, Mount Royal University students will be eligible to nominate their own valedictorian.

The valedictorian process was changed as a result of the work of the Student Awards Committee of the General Faculties Council, with input from the Students' Association of Mount Royal University.

"We decided that having a valedictorian is really important for Mount Royal, because it's student-focused," said Eily Sweeney, VP student life. "We're acknowledging a student in the community that's done really well."

Only faculty could nominate the valedictorian under the previous system. Sweeney described the process as cumbersome and she said it led to several students being selected from the same faculty.

"The process now is about students being recognized by the whole community," Sweeney said. "I think this is a really exciting time for students to be a part of this and for us to acknowledge some of the first graduates of Mount Royal University."

"Students were the driving force behind the process," said Lynette Runions, student awards and financial aid manager.

Runions and Sweeney worked together in the summer to put together a revision proposal. The proposal was tentatively approved by the General Faculties Council on Sept. 28, pending some last minute touch-ups.

Starting in November, any student, staff or faculty member can nominate a valedictorian by picking up a form at either the SAMRU office or at the student awards and financial aid office.

Qualifications and other details will be posted on the MRU and SAMRU websites.

Looking back to the future

Centennial graduating class adds another page to the history books

by Bryan Weismiller
The Reflector

This year's convocation ceremony won't be watched from church pews, but it will still be reminiscent of the school's first celebrations, which were often held in Methodist churches.

Mount Royal University's commitment to students and unique culture have been acknowledged in valedictory speeches for the past 100 years and they're likely going to be important themes at the fall 2010 convocation ceremony on Nov. 5.

Nori Sinclair, a graduate of the journalism program and this year's valedictorian, said that Mount Royal has been a good fit for her.

"I felt that it was a diverse, generally positive place to spend time," Sinclair said. "It has a very different feel on-campus than (the University of Calgary) or other universities; the energy is just different somehow."

She added: "I liked the size of Mount Royal and the emphasis on the practical. I got the opportunity to actually do journalism."

During her time at Mount

Royal, Sinclair was named editor-in-chief of the *Calgary Journal*, the journalism program's monthly newspaper.

Brad Simm, an instructor who heads up production of the *Calgary Journal*, described Sinclair as being extremely driven.

"She's demonstrated that she's a leader," Simm said. "Once she took command, she led and others would follow in the proper direction."

Sinclair said in an interview she preferred being on the other side of the microphone and that writing the valedictorian speech was an interesting challenge.

"It's pretty amazing to think of all the different valedictorians that have gotten up there, and I get to be one of them," Sinclair said. "I've got to avoid using the same clichés that every valedictorian uses in their speech."

Clichés aside, Sinclair will represent her graduating class this fall. She described the speech as an opportunity to "capture something that's common to the student experience."

"I've been practicing a lot and (have) worked hard on the speech," she said. "I feel like it's a final challenge that

was set and that I need to live up to it for myself and to make my instructors and friends proud."

Ruben Nelson, a former Mount Royal student and the 1957 valedictorian, also said that he "felt an obligation to his friends and colleagues."

"It's a fairly major test, it's like passing your final exam," said Nelson, who made his speech half a century ago, at the Central United Church.

Mount Royal was still considered a junior college during the time that Nelson attended, offering both high school courses and first-year university engineering courses.

Nelson said the school has always focused on providing a positive student experience.

"There was a commitment of the faculty to students as persons, not just (as) walking-brains they had to educate," he said.

Nelson described Mount Royal as a place where "the life of the mind mattered."

He said he remembers hearing guest speakers like Jackie Robinson, the first African-American major league baseball player, who enhanced his educational experience.

"You realized the people who

ran the place thought it was really important that you had experiences that stretched your mind out of the normal ruts," he said.

Nelson was eventually able to make his own contributions to the institution.

Mount Royal's main campus moved to its current Lincoln Park location in 1972. Nelson was invited to sit in on the early planning sessions for the new campus.

"I encouraged them to do groundbreaking stuff," Nelson said. "In other words, don't just build another place that looks like every other community college in North America."

He added, "Mount Royal tried to build a campus (whose) architecture reflected its understanding of what education is and who students are."

Nelson said he hopes the school can be as brave and courageous in the next 100 years as in its first century.

"It can't just be a business as usual," he said. "It's not a business as usual kind of place."

"We've got to break the normal moulds and move beyond them. That's a very powerful theme in Mount Royal's first 100 years of life."

Parking passes sell out; parkade will cost \$900 per year

by Jesse Hove
The Reflector

Students who expected a reminder from Mount Royal about winter parking permits were left waiting as parking passes once again sold out within hours of going on sale.

Parking permits were made available on Nov. 1 at 8 a.m. In June, an email was sent to warn students of the sale date for fall semester, but no alert was sent for this winter semester.

Kalista Antoniuk was one of the students expecting that

reminder, and only found out about the passes going on sale the morning they became available.

Though she attempted to buy one online within minutes of the start of the sale, Antoniuk was unable to get her hands on a highly coveted pass.

Antoniuk lives in Hidden Valley in the far northwest, and said she simply doesn't have the time to spend three to three-and-a-half hours commuting on transit to and from the university.

"It is just annoying because I really have no other option,"

she said.

Stefan Durston, manager of parking & transportation services, said the registrar did not allow them to send out mass emails to student accounts over the school year.

"Students are already getting a lot of emails for different Mount Royal University services. So we decided to communicate with students in a variety of different ways, including the mymrU homepage, the students' association, the Student Insider, Facebook, Twitter, and several others communication mediums."

Fourth-year electronic publishing student Jared Harrill arrived at Mount Royal at 4 a.m. on Nov. 1 in preparation for the parking permit sale. He said while the parking issue is something he has come to expect, he understands that the university is doing the best they can.

"I spent the morning watching movies with my best friend on his laptop," Harrill said. "This is something I plan for: I bring lots of comfortable blankets and clothes and wait outside. I understand that Mount Royal is trying their best to improve the parking issues, but I think

the least they could do is let us inside early on the day that the parking passes go on sale."

Durston says parking issues should improve as early as January when the parkade opens, and will provide 900 new parking permits to students willing to pay \$450 for six months of parking. In contrast, open lot permits cost \$180 per semester.

"As long as the safety inspection of the building goes well, which we expect it to, then students will have the building available to them at the beginning of next semester," he said.

THE REFLECTOR

November 4, 2010

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The Reflector welcomes newsworthy submissions from all students and community members. While the right of editorial comment is reserved for editors of The Reflector, opinion pieces may be submitted as letters to the editor, and may be published on the editorial page as such. The Reflector reserves the right not to publish submissions deemed by the Publishing Editor to be offensive.

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by **Miriam Ostermann**

The Reflector

A make-or-break meeting between the Ministry of Advanced Education and the Alberta Students' Executive Council (ASEC) resulted in a great deal of support and excitement towards a proposal that could result in lower student debt.

The meeting, held on Oct. 22 in Edmonton, was imperative for the "Volunteer to be debt free" initiative — a program that offers to reduce student debt based on volunteer hours.

ASEC, which represents 12 post-secondary institutions including Mount Royal University, met with a number of higher-level members of the Ministry of Advanced Education and Technology, and looked at the nuts and bolts of the program to decide whether such an initiative would be feasible.

In the ideal case, the initiative would cut student loan debt in half. Previously, ASEC proposed that students be allowed to have their debt reduced by \$500 for every 100 volunteer hours and by \$2,000 for every 300 hours. However, these numbers are not set in stone and are among the details that still have to be finalized. The students who can take advantage of this program have to work off their debt through not-for-profit organizations.

However, questions still remain about what constitutes volunteer hours and how to



Courtesy of Meghan Melnyk

Doug Horner, Minister of Advanced Education, was unable to meet with the student groups in mid-October, but is no stranger to meeting with the groups, as he did in mid-August with representatives from ASEC, CAUS and AGC.

count them.

"If we didn't come in prepared and we weren't ready, then basically they would've said, 'We're going to kibosh this,' but they didn't," said Meghan Melnyk, VP external for the Students' Association of Mount Royal University (SAMRU). "So we jumped through another hurdle. There's lots to go through, it would probably be next September at the earliest that we might see it emerge."

While many details still need to be examined, a number of students at the meeting had a great deal of support for the idea. Steven Kwasny, chair of ASEC, said he is also optimistic about the benefits the initiative would bring, but admitted

there are still many challenges and details to deal with.

"With the economy the way it is, and the budgets the way they are right now, it's, 'how do we tell it to (them) in a way to sort of sell the idea to politicians,' so that they don't look at it as a reason to cut something somewhere else," Kwasny said. "It's a very new idea, and it's something that doesn't happen anywhere else."

"The ministry has been really keen on this idea because it's not something they have heard a thousand times before and this is something I think is most exciting for them because it's a new idea that could potentially solve a lot of problems."

Kwasny said the biggest challenges are finding financial sup-

port, getting other ministries onboard and receiving government commitment.

While working off student-loan debt, the program also fosters a closer relationship between students and their communities while gathering work experience and career-related skills.

"This is something they've been doing for years, decades even, with youth and collection services," Melnyk said. "Even Calgary Transit, if you get on the train and you don't have your ticket then you have a choice between doing volunteer hours or paying a fine. This is something we have in the city, so it's not like we don't have a precedent for it and so the theory is good."

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THE REFLECTOR

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Photo by Bryan Weismiller



disabled BUT STILL ABLE

by **Bryan Weismiller**
The Reflector

Joe Waring could be worried about anything, but he's only concerned with getting a free Booster Juice at the moment.

Despite having Cerebral Palsy and requiring a wheelchair, Waring seems more frustrated that he can't persuade his mother, Veronica Waring, to buy him a smoothie.

"Come on, that's not fair. This is discrimination," he jokes.

Waring pleads his case as we move through Wyckham House, but his mother doesn't give in.

"You've got money, if you really want one then you can go buy it yourself," she says.

It's a lighthearted conversation that could be heard anywhere, which is exactly why Waring likes it. Imagine a world where being unable to walk wasn't even the most aggravating part of your day. He's struggled with receiving special treatment for 20 years and it's a relief for him to be treated like most people his age.

Waring lives with his disability, but it's much tougher for him to deal with people's ignorant assumptions about his situation.

"It makes me laugh that people assume, because I drive around on four wheels (as

opposed to walking around on two legs, that I have some sort of bigger problem than I really do."

Waring doesn't like it when people assume that he needs help with something and intervene, without actually asking him if he needed a hand first.

"A lot of people just assume that I can't do things before they ask if I need help. Ninety per cent of the time if you ask then I'll say I need help, but if you don't ask then I'm going to get pissed. That's belittling to me, you're just assuming that I can't do it.

"You're not going to be there the next time that I need to do the exact same daily task, so I need to learn how to do it myself."

Waring is currently taking disability studies at Mount Royal University and he hopes to one day teach disabled students.

Waring couldn't cook or shower by himself until he moved into one of Mount Royal's residences. Since then, he's become self-reliant with the help of his friends who've pushed him along and shown him how to do things.

One of Waring's good friends is his roommate, Chris Pals. Pals moved into residence at the beginning of October and he already admires his roommate.

"It's astonishing how much he does for himself and how committed he is to being self-reliant," Pals says. "It's amazing to see how much he does on his own and yet I don't think people give him the credit that he deserves for what he really does."

Pals has his own perspective on what it's like to have limited mobility. Last month, he spent 48 hours in a wheelchair to see what it'd be like.

"We as 'uprights' take the fact that we can walk for granted on an everyday basis," Pals says. "When you have that ability revoked for 48 hours then it reminds you how dependent you are on something that you do unconsciously.

"It's like breathing, if someone took away your air then you'd realize that it's something that's really, really important."

Pals admitted that he didn't always give Waring enough credit until he actually spent time living like he had a disability. He quickly found out that everything was more challenging, including the first time he attempted to use the washroom.

"I've seen Waring do it really quickly, so I figured I could," says Pals. "I caught my shoe, fell over, cracked my shoulder blade on the side of the toilet. It

was hilarious.

"I'm laying on the ground reminding myself that I can't just stand up. It was very eye-opening."

Charlotte Rose, a Mount Royal student and residence advisor, says that she was proud of Pals for sticking with it, even during the tough times.

"I was very proud of Chris for spending 48 hours in a wheelchair without any exceptions of movement and following through," Rose says. "I also thought it was really great how he took the whole experience in.

"He came and talked to me and described how people treated him differently and how he didn't like it."

Rose says she hopes to run a program for her students to get a similar experience and that she's going to share that idea with other residence advisors.

The program would give students a better understanding of what it's like to be disabled, so they can better relate to students like Waring.

"Waring is an individual who does not let his disability get in the way," says Rose.

"If you take pity on him, he reminds you that he is human and fully capable of doing anything that you can do."

FEATURES

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November 4, 2010

QUICK QUIPS

"Disability is the inability to see ability."

— Vikas Khanna

"Each handicap is like a hurdle in a steeplechase, and when you ride up to it, if you throw your heart over, the horse will go along, too."

— Lawrence Bixby

"Attitude is a little thing that makes a big difference."

— Winston Churchill

"Love life, life will love you back."

— Arthur Rubinstein



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The Reflector's top five most unusual sex practices



by **Vanessa Gillard**
Sex Columnist

The most sinful weekend of the year is done with, and I'm sure you're all pretty proud of that notch you carved into your bedpost this Halloween weekend. As if your walk of shame couldn't be anymore humiliating, skulking down the street in a torn superwoman costume, that little booty they give you to cover your shoe dragging haggardly behind like toilet paper from the washroom of your conscience, you're wondering, "did we really do that?" Maybe it's the costumes that put people in the mood to kink it up, but I've compiled a list here to make you feel a little less deviant about those pictures that may or may not show up on your Facebook.

Vanessa's list of top five most unusual sexual practices: do or do not attempt this at home guys and dolls.

1. Dysmorphophilia

This loving practice is very PC; it refers to those who are sexually aroused by deformities in their partners. This could be club feet, gnarly scars, partners

with dwarfism, hunchbacks, and things of this nature. I wonder if the Wizard of Oz is highly appealing to these folks? Reminds me of a boyfriend I had who claimed he had been born with a little second thumb on one hand. Anyway this is not about my dating choices, moving on.

2. Mummification

This is a practice that is used in bondage. The materials used in this practice are bandages, scissors, a ceiling hook that can support the weight of a partner, a chain, panic snap, a head harness, materials for wrapping, duct tape, a large towel and the partner's favourite sex toys. The wrapping is done so that the breasts and/or genitals are exposed. At this point you can, as they say, go to town. Oh, and the scissors are just to cut the wrappings off is all.

3. Axillism

We've all seen it: the ladies who have opted to forgo the removal of underarm hair. You have that moment of staring and then sharply turning away so as not to be caught. Well, any man who is particularly interested in this practice would not turn away. In fact he may feel compelled to have sex with said unshorn armpit. Yep, sex with. Friction burn much?

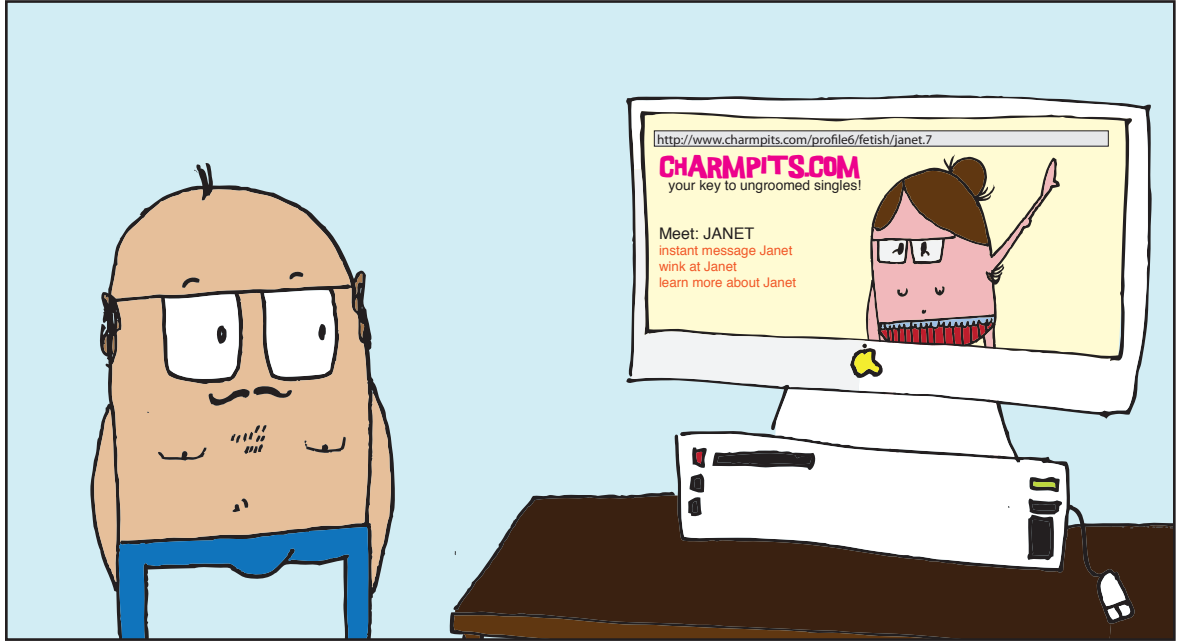


Illustration by Courtenay Davidson

Axillism is the practice of having sex with an armpit full of hair. Unusual and uncommon, for some partners, this is true love.

4. Power tools

Um so, surprise! People who engage in the use of power tools during sex play run the risk of mutilation or worse. These folks use drills, hedge clippers, sanders, milking machines (power tool?), and modified chainsaws. Some drills have been adapted for urethral play by inserting a long cotton swab into the drill's chuck, some also attach a dildo to the chuck. Some hold the flat side of 10,000 rpm finishing sander that is attached to an air compressor on their clitoris. I

have attempted to imagine how this could possibly even work, and after many failed attempts decided against looking it up on YouTube.

5. Zoophilia

Yes, last but not least, Zoophilia involves sex between, you guessed it, humans and animals. Our ancestors were pretty ill informed and highly depraved. Some ancient cultures felt that the union of man and animal could create sacred demigods, and ancient Egyptians used co-

itus with female crocodiles to increase virility, according to the Encyclopedia of Unusual Sex Practices. Zoophilia became so common in the 17th century that the Catholic church tried to ban the employment of male herdsmen. Think that's crazy right? The Kinsey Institute reported that as many as 17 per cent of boys raised on farms have had at least one sexual encounter with an animal. Makes you think about what might go on at those gator farms when the tourists have all had their thrills.

The gaming pool hall

A peek into the social world of video games

by **Nicholas Schreiber**
The Reflector

The thought of gaming can conjure up images of anti-social people sitting in the dark glued to a screen, forfeiting interaction in the real world. This may no longer be the case given the rise of a public, and very social, gaming culture.

Gamers have the option of playing together online or through an offline, closed network of computers, commonly known as a Local Area Network (LAN).

LAN gaming centres are "the modern day pool hall," said Shane Chaba, president of SwitchBox Inc, a local LAN centre.

"The main reason people come, gamers, is for the social aspect—it is better than sitting in a dark basement," Chaba said.

Tim MacRae, co-owner of The Node, another LAN gaming centre, explained LAN gaming as a "form of social networking", an in-the-flesh version of Facebook.

Why do you go out to restaurants? You have a kitchen at home," For gamers, this is their fun night out."

The difference between gaming culture and standard late-night culture is that gamers can choose to be as interactive as they wish, said MacRae, and that a night of gaming might just be a single-player campaign as opposed to the full-blown teamwork and headset commitment when playing multi-player.

"It is a culture of inclusion, empathy, these things you don't expect (in gaming), pride, accomplishment and single-minded bloodiness," said MacRae.

Jonathan Burkinshaw, founder of Calgary-based gaming event group Project X, said gaming is a very diverse culture.

Gaming culture also includes professional players and teams who participate in competitions known as e-sports.

Burkinshaw, as an events coordinator, said, "E-sports, in general, seem to be moving into

the next form of Olympics."

This is especially evident by the stadiums used for gaming tournaments in South Korea which match the size of our hockey arenas.

"I'm fairly certain these top clan leaders (in gaming) can harness their energies and be good leaders," said Burkinshaw about professional players.

Burkinshaw recalled two gamers who were given an ultimatum by their girlfriends: choose the video game, or choose the girlfriend. One gamer chose the woman and the other chose the video game. Later, they both said they had made the best decision.

Regardless of where gaming happens, when gamers get together in a LAN centre, their competitive nature, lust for caffeine and deep love of video games are all evident.



Photo by Aaron Chatha

Gamers shed myths about being unsocial creatures by getting together at game centres, for fun play or fierce and professional competitions.

SOCCER SHAKEDOWN

The MRU Men's Cougars soccer team took to the pitch against the SAIT Trojans on Oct. 24. Our home team walked away with an 8-1 win over the visiting players. Reflector photo editor Josh Naud captured all the action.

VICTORIOUS VOLLEYBALLERS

On Oct. 30, the MRU Women's Cougars volleyball team bumped and dove their way to a win against the Medicine Hat Rattlers. The ladies finished the game with a 3-0 win over their opponents. Sports editor and photographer Blaine Meller was on the sidelines.

HANKERING FOR HOCKEY

When our men's hockey team went up against a difficult MacEwan squad on Oct. 30, our home players skated their way to a 5-2 victory. Blaine Meller was in the stands photographing the hockey action.



Photo by Josh Naud

Cougars keeper, Tudor Dinca, celebrates with Justin Farenik after scoring a goal in the second half. Up 6-0 after the first half, Dinca threw on a player's jersey and it seemed the Cougars game plan became getting him on the score sheet. After a few chances and a couple of breakaways, Dinca finally got his tally.

What it means to be a religious extremist



by **Jesse Hove**
Faith Columnist

Words like extremist and fundamentalist are often thrown around in the media and in Western society when referring to religious people and communities who promote hatred and murder towards others.

Unfortunately, this puts a box around religion and creates an undertone that if a religious person takes their faith to a certain level, they have become “extreme,” and should not be accepted by society.

If we have come to a point where only moderate religious belief is to be accepted, then the ideologies based around the religious beliefs of Tommy Douglas, Martin Luther King, Gandhi, Buddha and Jesus should no longer be taken seriously. These individuals were far from moderate in what they thought religion had to tell society.

The new Mount Royal University Muslim chaplain Fayaz Tilly looks at it like this: “What does it mean to

be extreme? I will wake m young children up early in the morning to pray, and we will pray four more times that day, all the way up to the late evening. Does that not make me an extremist according to the norms in our culture?”

Mount Royal’s last Muslim chaplain Reda Bedeir described a true understanding of Islam from the story of a prostitute who had been walking through the desert for a long time without anything to drink and was on the verge of dehydration and death. She came across a dog that was also very thirsty and she filled her shoe with water, offering it to the dog to drink. Because of her “extreme” compassion for the dog, her sins were forgiven.

Vibia Perpetua, one of the first recorded female Christian martyrs and a young mother, was arrested by Roman authorities in 203 CE for being a Christian. She was raised in a wealthy noble family and was at first afraid of the prison, “because never before had I experienced such darkness.” The Roman authorities did not want to imprison her and were even more reluctant to kill a woman with a child, but Christianity was a narrow-minded faith that was growing fast, and Rome felt they needed to take a hard line against it.

She could have at any time recanted her faith and been set free. Her prison diary is one of the few recorded works of an ancient Christian woman. In it she talks of the love she has for her father, how she longs to raise her son and how she, no matter her desire for her family, cannot be disloyal to Christ.

She was sent to the arena and given one final chance to recant, but shouted back to her tormentors, “You condemned us, God condemns you!” The bulls trampled her, breaking her ribs. The executioner was commanded to finish her, but the sight of her bravery made him tremble with fear and indecision. She grabbed his trembling hand and guided the sword to her throat. Because of courageous martyrs like Perpetua, Christianity continued to grow throughout the Roman world, despite a high level of persecution.

It might be difficult for our modern society to understand the extreme nature of many religious perspectives, and given much of religious history, this is understandable. But I would also submit that the true beauty of the religious perspective is not in the moderates, but in those who are convicted to be loyal to the truth they see in their religion, regardless of the cost.

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Crack the code: MYDNGY GVMVBYF

WWII Enigma machine display to be revamped by MRU students

by Edward Osborne
The Reflector

Mount Royal students may soon be contributing to the Military Museums’ display of the historic Enigma machine. The code-breaking contraption that changed the course of the Second World War is on permanent loan to the Military Museums and first-year students in the Information design program at MRU have been tasked with creating a proposal for a revamped museum display that would put the machine in the forefront of the collection.

Breaking the Enigma was one of the key intelligence advantages that helped the Allies win the war. The machines were used to relay all the strategic information of Nazi Germany, and being able to read those communiqués forewarned the British of all manner of disaster. The original Enigma machine was made in the early 1920s by a calculator manufacturer. It used the same basic mechanic systems as a calculator of that era, with punch keys, lights and rotors to build a code rather than accomplish mathematics. Various versions were produced during the build-up to the Second World War including the Swiss K model, which is now on display in Calgary. This Calgary Enigma has a separate display panel and cover for increased secrecy, so that one person would input the coded message and another would receive the result. The

reader had no idea what the original message had looked like, and the transmitter didn’t know the meaning of what he had decoded.

The Enigma is a symbol of military secrecy that extends well beyond its use in the Second World War. Even after the war, its compromise at the hands of the allies was kept secret. The Enigma is one of the key pieces of technology of our past. It was a device that pushed the boundaries of the time and laid the foundation for the future. Codes and code breakers were crucial during the war, when all radio communication was broadcast openly for lack of a closed communication system. You knew for a fact that the enemy would be listening in, so it was necessary that your messages were indecipherable to anyone but you and yours. The Germans adopted the Enigma as their national encryption device and distributed thousands of them to their air force, navy, and diplomatic corps.

The capture and breaking of the Enigma machine was a turning point in the war. It took vast resources; even when the Allies had their own machine to test German transmissions on, the variable starting position of the machine’s wheels meant that billions of permutations were possible. The only way the Germans could translate what they were receiving was by using codebooks where the date dictated a Reich-wide setting for the machine’s

wheels.

“Water-soluble ink meant that if you captured a submarine, you had better get down there to those codebooks fast,” said Bruce Connolley, assistant curator for the museum. If a German boat was at risk of capture, the codebooks could be rendered useless to the Allies by throwing the books overboard, or by using a well-placed pot of tea to soak their pages.

This difficulty forced the British to enlist code crackers to mathematically decipher the code. The machine they designed to calculate the permutations of code and probability of the German language was called the “bomber” and was a precursor to the computer. In fact, it was the first step towards the massive punch-card machines of the 1950s and the electronic revolution we are still in the midst of today.

MRU’s Information design students have been given an opportunity to assist with the presentation of the Enigma in Calgary. Capt. Bill Wilson of the Naval Museum in Calgary contacted Glenn Ruhl, chair of information design, about using students to design components of the display. The students’ proposal is still in the formative stages, but a completed version will be submitted to the museum before the end of November.

Ruhl described his students as full of “nervous excitement” over the possibility of an MRU-designed display being

realized.

“If (the museum) wants to take it to the next level that’s great,” he said. “Any number of things can be done with the proposal.”

The entire first-year class has been divided into five teams, each of which will be judged by the rest of the class before a final vision is assembled to be Mount Royal’s collaborative proposal. Leslie Blondhal is heading the signage and labeling group.

“Trying to design something that is interesting and engaging to both children and seniors is proving a challenge,” she said. “Having a museum judge our work makes the assignment feel more relevant and interesting.”

Ian Templin is working with Blondhal’s group and envisions a display covering “everything from promotions and advertising outside the museum to minute details of colour schemes and typography.”

The class will offer a gamut of options, from which the museum curators can pick and choose what will be implemented into the exhibit.

Connolley is looking forward to seeing what the students produce. He envisions a multimedia display with options for children groups or more serious users. The display would feature a beginner-, intermediate- and advanced-level analysis of the enigma and its significance.

ARTS

ARTS EDITOR:
Claire Miglionico
artseditor@TheReflector.ca

November 4, 2010

HOT SPOTS

Visit TheReflector.ca to win tickets to 30H!3 with Down With Webster Nov. 10 at Mac Hall or to Dan Mangan with The Burning Hell Nov. 18 at Knox United Church.

Shout out to artists! MRU will host its very own Arts Market Nov. 18, Dec. 7-8. Artists should contact Lisa Antichow at l.antichow@samru.ca to book a table to sell their work.

Time to take out those tiny little red shorts Juno digs on Bleeker! It’s the second annual Tight ‘N’ Bright Party at the Liberty Lounge Nov.16. Doors at 9 p.m.

Join the Native Student Centre for their 12th annual Round Dance. The gathering will take place in Wyckham House Nov. 20 at 5 p.m. Everyone is welcome!



Photo Courtesy of the Military Museums

Breaking the Enigma was one of the key inventions that helped the Allies win the Second World War. The machines were used to relay all the strategic information of Nazi Germany, and being able to read those communiqués forewarned the British of all manner of disaster.

The real Bob Saget

by Bianca Dayrit
The Reflector

When people think of Bob Saget, Danny Tanner, the loving father from *Full House* or that animated G-rated host for *America's Funniest Home Videos* comes to mind. Saget's character on *Full House* was obviously fictional, but somehow people believed he was really that way.

"I was a clean-freak guy that hugged everybody (on the show). I don't know why anybody would think I was like that," he said about his Full House character in a phone interview.

As of late, he is appreciated for his more adult-oriented characters such as his cameos in *Entourage*, his HBO special *That Ain't Right* and his North American stand-up comedy tours where his fans are finally getting familiar with his R-rated persona.

"There are people that come to my shows that never saw a moment of *Full House* or never knew that I hosted the video show," he said.

Aside from acting and stand-up, Saget, 54, also gave directing a shot. He wrote and directed *Farce of the Penguins*, a parody documentary of *March of the Penguins*. He is also the uncredited narrator for the hit show *How I Met Your Mother*.

Saget will soon be creating new personas for us to identify with in his new show *Strange Days with Bob Saget*, which will be broadcast on A&E. In *Strange*

Days with Bob Saget he becomes a Bigfoot-seeker, a member of a fraternity called the Seal & Serpent at Cornell University and joins a motorcycle club traveling from Nashville, Tenn., to Daytona, Fla., in a sidecar, which he says was a wimpy way of riding and not dying.

"The things we did, we're really proud of it," he said describing the somewhat ludicrous antics filmed for the show.

No matter how you slice it, Saget says though the show could be called reality television, he would rather call it a comedy-documentary. Although reality TV is often seen as "trash" TV, many viewers will agree that Saget is a great deal more hilarious as himself on a reality show than when he played fictional banal roles on his older family-friendly programs.

Saget will be hitting up Calgary Dec. 18 at the Jack Singer Concert Hall for his stand-up comedy tour. He has done shows in Calgary before and says he is excited to perform here again. He reveals that, this time around, his tour will be a little more musical.

In addition to the songs his stand-up fans already know, such as "Danny Tanner Was Not Gay," and the "Old English Folk Song," new tunes will be incorporated, including his hilarious new song about a relationship with a 90-year old woman. Saget laughs about their fictional love affair: "We definitely have our issues."



Photo courtesy of Lunchbox Theatre

While we recite the famous poem each Remembrance Day, Lunchbox Theatre's musical play *In Flanders Fields* shows us the brotherhood, friendship, love and true humanity of poet/Lt.-Col. John McCrae through song.

In Flanders Fields leaves legacy

Haunting war poem is given new passion in musical play

by Kevin Rushworth
Web Editor

With each passing year, the "greatest of wars" slips further from public recollection. In four years, it will be the 100th anniversary of the beginning of the First World War.

As if by selfish hands, chess pieces were placed one by one on the field of battle. Soldiers — filled with notions of glory and romantic warfare — arrived by the trainloads to take their places on the game board that was Europe in 1914.

In Flanders Fields — the current Lunchbox Theatre production and world premiere musical — took the audience from the intimate Calgary lunchtime stage setting and plopped them into the mud of the French trenches where Lt.-Col. John McCrae spent the last years of his life.

While we recite the famous poem each Remembrance Day, *In Flanders Fields* — the production written by Robert Gontier and music penned by Nicky Phillips — shows us the brotherhood, friendship, love and true humanity of our most famous poet through song.

As the stage lights slowly rose, two men marched onto a simple, yet elegantly designed stage where they stood amongst discarded rifles, helmets and a sandbag trench. John McCrae — played brilliantly by Kevin Rothery — and his friend Alexis

— portrayed by veteran stage actor Tory Doctor — are two of the three actors in the production.

From under their metal helmets, their eyes betray them for they are alive and filled with wonder. Behind them, the stage is backlit with red and green — eerily reminiscent of the poppies that came to grow between the crosses row on row. The men's first uplifting song is cut brutally short, dashed by the sound of an explosion.

When we meet McCrae again, he is huddled in the trenches of Ypres with Alexis in 1915. The wonder has left their eyes and they are haggard from battle. McCrae is wracked with guilt after watching his friends and battalion members plunge over the trenches to their deaths.

In Flanders Fields flashes backwards and forwards through time as McCrae looks back on his early life. The audience witnesses his first dance with his true love, his passion for poetry and his terse relationship with his father.

The production's incredible acting intertwines the eras before and during the First World War, bringing them vividly to life. While Kevin Rothery portrayed one character, Tory Doctor switched easily between three including the thoughtful Alexis, McCrae's overachieving brother Tom and his military father.

Lunchbox Theatre newcom-

er, Julain Molnar played the characters of McCrae's first love Jenny, Alexis' love Alice and McCrae's encouraging mother. Each and every actor brought emotion, strength and utter humanity to their roles.

A musical production of the battle of Ypres and the First World War is a difficult task to take on. With that said, beautiful vocals and heart-wrenching lyrics melded effortlessly into the storyline. The songs were not over the top, but paid dear homage to a subject that is not first off the tongue when thinking about musical numbers.

Watching a young McCrae miming, asking out a girl he loved in front of a mirror was enough to make one think about the lives these young men had before going to war. McCrae's character progressed from a joyful spirit to a man — hollowed by violent warfare — who is unable to find words to write another poem.

But John McCrae did find his words. He would leave the world with one of the most beautiful, yet haunting poems of the First World War. It would come to symbolize not only the fallen from the First World War but of many global conflicts. During its month-long run, those who came to see the play remembered those who had fallen long before Nov. 11.

In Flanders Fields runs until Nov. 13 at Lunchbox Theatre.

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Noise 101



Chemical Brothers
Further

With the average song length at almost seven minutes, The Chemical Brothers waste no time packing their newest album with head-spinning beats, layered samples and fist-pumping rhythms. *Further* is an extremely dense album that doesn't so much "further" their sound as defend their "veterans of electronica" status. The

Chemical Brothers know better than anyone that success can lie in creatively executing formulas and here they show their genius by putting their spin on other genres.

"Snow" opens with indie melodies and female vocals over fading walls of fuzz before bleeding into "Space Velocity." This 12-minute track plays like a sonic space trip with Baba O'Riley, pounding with laser beam synthesizers and an unstoppable pulse evoking recent MSTRKRFT. But this Brit duo avoids redundant interpretations by wrapping the best parts of different successful genres in their own blissed-out electronics and melodic rhythmic samples. "Another World" is a gorgeous R&B-tinged ballad with its

ear-popping electronics and hovering distant falsettos. The Chemical Brothers create a highly danceable album full of seemingly endless musical peaks, evident in "Swoon," a beautifully spinning track featuring a frenzied melodic storm whizzing in between echoing claps and soaring synths. Delivering another strong album, the Chemical Brothers meet the electronica album quota providing dub step bass beats and experimental psychedelics without sacrificing their trademark producing skills.

— Lynne Hogan



Factor
Lawson Graham

When I first sat down to listen to *Lawson Graham* by artist Factor, I had no idea what I was getting into. Usually, this is a fantastic way to review a CD due to the fact that you have no idea what you are going to hear

— or if you are going to like it. After an eerie intro, complete with rainfall and a wolf howling in the background, the album launches into slow jams with smooth indie vocals. From there, it's another 180 degrees to experimental head-bopping hip-hop. While "Living in a Vacuum" brings dem banging beats, "More than Love" is rap with an acoustic flair. It's a strange combination for sure, but I loved every minute of it. Sometimes it is more than exciting to listen to an artist who is shaking things up in the rap genre, which needs some shaking.

— Kevin Rushworth

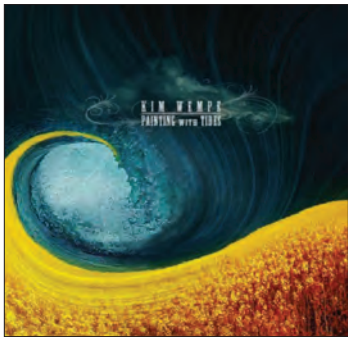


Ice Cube
I am the West

Baggy pants. Check. Swagga. Check. Gangsta attitude. Check. Well, it certainly seems like I am the best person to be reviewing Ice Cube's latest album *I am the West*. Cube — once a leading gangsta coming straight out of Compton — brings beats recognizable to the hardest-hitting west coast G. While songs such as "Life in California" meld effortless space-age beats with soul choirs and Ice Cube dropping the rhymes, "No Country for Young

Men" begins with a rattle of an AK-47 and then, just to be ill, a piano beat blends into the track. Cube's raps have never sounded so good. Does this CD make anyone a gangsta? Yes, yes it does. Is there such a thing as an album being too west coast? Yes, yes there is and that, my hip-hop loving homeboys, is a good thing. Today was indeed a good day when I listened to *I am The West*.

— Kevin Rushworth



Kim Wempe
Painting With Tides

Saskatchewan native Kim Wempe tries to find a place in the Folk music scene with her new album *Painting With Tides*. Kim Wempe fits into the selection of female singers that rely on slow, deep vocals

and an acoustic guitar, and unfortunately nothing about her. Just about every song starts of the same, with a simple instrument arrangement with a prominent guitar, a verse and then a kick (drums or back-up vocals) just after the one-minute mark.

Her hooks aren't particularly strong and neither are her lyrics — general prairie stuff and choice lines that may carry some meaning to her, but sound generic to me.

It's a relaxing CD, but no song really stands out, making it better background music at a get-together, but not something I'd immediately grab off the shelf.

— Aaron Chatha



Kings of Leon
Come Around Sundown

With their plethora of arena rock singles, Kings of Leon are

a crowd pleaser. Their music is about as inoffensive as it comes, and there is something to be said about an anthemic rock act who sells out stadiums by their fifth studio album: they are doing "it" right. Although "it" makes this reviewer feel like she's been dragged into one of the many bad night clubs in south Calgary and accosted by a belligerent drunk who wants to dance, it's hard to ignore the soaring riffs, oooooooh-ah choruses and surprisingly down-to-earth relatable lyrics. Let's be blunt: *Come Around Sundown* pretty

much spoon-feeds fans exactly what they want.

Clacking rim shots, U2-esque guitars, plucky bass, choir backing, synthesizer, organ, saxophone, fiddle, trumpet, and Wurlitzer all contribute to an album that sounds pretty much the same as everything else you've heard by Kings of Leon. If you're a fan, you'll get what you expected. If not, it won't matter either way. Same old shit, different pile.

— Sarah Kitteringham



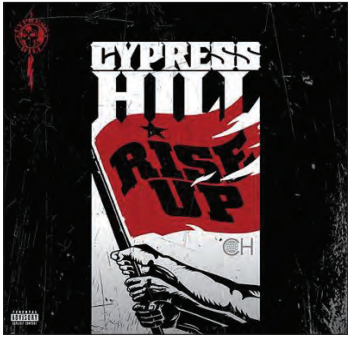
Intronaut
Valley of Smoke

If you're the type of metal head that goes gaga for jazz death titans Cynic, then Intronaut will be right up your alley. Combining double bass kicks with mellow instrumental interludes, inconsistent jazzy signatures, growling-then-clean vocals (a first for the act), extremely complex songwriting, and the constant

ting of a set of gorgeously crisp and varied cymbals, this is metal for mathematicians, brain surgeons and the rest of us — except perhaps classic purists.

Valley of Smoke marks the American act's third full-length album, and although not a marked departure from their previous outputs, it demonstrates obvious growth. The atmospheric elements are retained, but the band has improved at increasing subtle layers that continuously unfold. They have improved at adding more elements to each song — a skill they lacked on the blurred together edges of *Prehistoricisms*. Overall, a strong effort from an interesting band that will polarize listeners.

— Sarah Kitteringham



Cypress Hill
Rise Up

The venerable kings of blazing it up are back with their newest album *Rise Up*. Our boys from the hood, Cypress Hill — once quite "insane in the membrane" — drop the beat, grab their favourite herb, and light it up — sometimes on stage. Whoah.

Fans of rap recognize the high-pitched nasally vocal styling of lead rapper B-Real. As an incredibly successful hip-hop group, their music has changed along with the times. The beats — although still bangin' on *Rise Up* — have moved away from the recognizable '90s sound to harder-hitting grooves.

Their fame even made it onto *The Simpsons* where they hilariously hired the London Symphony Orchestra while high. One of the guys in the group even got himself banned from *Saturday Night Live* in 1993 when he lit up some Mary Jane on stage.

Seemingly, the unique vocal style of B-Real is toned slightly

down for their latest album, but it is known that rap stylings change along with the beats. With such songs as "Light it Up, Pass the Dutch", "K.U.S.H" and others, it is obvious that the green stuff still plays a crucial role in their albums. As avid, vocal supporters of legalization of marijuana, they refer themselves as being on the forefront of that battle.

Rise Up is a fantastic addition to the discography of this iconic hip-hop group. It blends great beats, great vocals and a story of how hip-hop music changes throughout time. Thankyou Cypress Hill, for such great beats; your music allows me to get down and funky.

— Kevin Rushworth

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THE PLAZA
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THE UPTOWN
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THEATRE

Ghost River Theatre: Dec. 9-18, One. 403-240-7469. www.ghostrivertheatre.com. Joyce Doolittle Theatre, 2140 Pumphouse Ave. SW.

Morpheus Theatre: Dec. 15-19, Ali Baba and the Forty Thieves. 403-216-0808. www.morpheustheatre.ca. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Jubileations Dinner Theatre: Until Nov. 2, Greased; Nov. 12 – Feb. 6, 2011, night at the Museum of Rock and Roll. 403-249-7799. www.jubileations.ca. 1002 – 37 St. SW.

Fire Exit Theatre: Dec. 15-18, 2000 Candles. 403-640-4617. www.fireexit.ca. Engineered Air Theatre, Epcor Centre, 205 – 8 Ave. SE.

Ground Zero/Hit & Myth Productions: Nov. 4-20, Reasons to be Pretty. 403-221-3708. gzt.com. Studio Theatre, Vertigo Theatre Centre, 115 – 9 Ave. SE.

Alberta Theatre Projects: Until Nov. 6, The Last Dog of War; Nov. 25 – Dec. 30, Seussical. 403-294-7402. www.atplive.com. Martha Cohen Theatre, Epcor Centre, 205 – 8 Ave. SE.

Vertigo Mystery Theatre: Nov. 13 – Dec. 12, The 39 Steps. 403-221-3708. www.vertigotheatre.com. Vertigo Theatre Centre, 115 – 9 Ave. SE.

Theatre Calgary: Until Nov. 7, Lost: A Memoir; Dec. 2-26, A Christmas Carol. 403-294-7440. www.theatrecalgary.com. Max Bell Theatre, Epcor Centre, 205 – 8 Ave. SE.

U of C, Dept. of Drama: Until Nov. 6, The Liar; Nov. 30 – Dec. 11, Perfect Pie. 403-210-7576. www.finearts.ucalgary.ca. University Theatre, U of C.

Lunchbox Theatre: Until Nov. 13, In Flanders Fields; Nov. 22 – Dec. 18, With Bells On. 403-265-4292. www.lunchboxtheatre.com. Lunchbox Theatre, 115 – 9 Ave. SE.

Broadway Across Canada: Nov. 2-7, Grease. 403-297-8000. www.broadwayacrosscanada.ca. Jubilee Auditorium, 1415 – 14 Ave. NW

Pegasus Performances: Nov. 5, Scary Puter & the Corrupted Hard Drive. 403-246-4811. www.greatfun.ca. Deane House, 806 - 9 Ave. SE.

Mob Hit Productions: Nov. 18-20 & 23-27, Based on a Totally True Story. www.thisisamobhit.com. Arrata Opera Centre, 1315 – 7 St. SW.

Rogues Theatre: Until Nov. 6, Some Girls. 403-263-0079. www.roguestheatre.com. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Front Row Centre Players: Nov. 5-20, Chess; Jan. 7-22, The Producers. 403-263-0079. frontrowcentre.ca. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Sage Theatre: Nov. 24 – Dec. 4, The Blue Room. 403-263-0079. www.sagetheatre.com. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Stage West: Until Nov. 7, Tuesdays with Morrie. 403-243-6642. www.stagewestcalgary.com. Stage West Theatre Restaurant, 727 – 42 Ave. SE.

Knox Centre Theatre Collective: Nov. 12 & 13, Just Acts Play Festival. 403-269-8382. Knox United Church, 506 – 4 St. SW.

Loose Moose Theatre Company: Fridays & Saturdays, Theatresports, Micetro Impro, Gorilla Theatre, and More or Less; All Oct., Homecoming 2010; Dec. 2-18, Chrismoose Carol. 403-265-5682. www.loosemoose.com. Crossroads Market, 1235 – 26 Ave. SE.

Downstage: Nov. 18-27, Uprising @ Motel, Epcor Centre. 403-294-7459. downstage.ca.

403-269-4996 and 264-0000. River Park Church, 3818 14a Street SW.

Carma Acoustic Blues Series: Nov. 6, Sue Foley & Peter Karp. 403-299-8888. epcorcentre.org. Jack Singer Hall, Epcor Centre, 201 – 8 Ave. SE.

Calgary Pro Musica Society: Nov. 7 & 8, Aspen Chamber Ensemble. 403-244-8277. www.calgarypromusica.org. Rozsa Centre, U of C.

Calgary Opera: Nov. 20, 24, & 26, Lucia di Lammermoor by Donizetti. 403-262-7286. www.jubileeauditorium.com/southern. Jubilee Auditorium, 1415 – 14 Ave. NW

DANCE

U of C Dance Program: Nov. 25-27, Dance Montage. finearts.ucalgary.ca. University Theatre, U of C.

Dancers’ Studio West: Nov. 4-6, Professional Presentation Series #1, Susie Burpee. 403-244-0950. dswlive.ca. Dancers’ Studio West Theatre, 2007 – 10 Ave. SW.

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Photo by Josh Naud

Arthur Paszkowski beats the Trojans’ keeper to put the Cougars up 6-0, moments before the end of the first half. The Cougars went on to win 8-1, dominating the Trojans in the ACAC bronze medal game.

Cougars soccer mines double bronze

Men rout SALT, women win on penalty kicks

by **Blaine Meller**
Sports Editor

The pursuit of gold came up a little short.

The Mount Royal Cougars men’s and women’s soccer teams, after tough losses in the ACAC semi-finals, both rebounded to capture provincial bronze medals.

Playing in front of a small home crowd, the Cougars’ men’s team demolished SALT 8-1 to capture the bronze, while the ladies defeated MacEwan 5-4 in penalty kicks in their third-place contest at Concordia.

NAIT defeated Concordia 5-0 to capture gold on the men’s side while Concordia triumphed 5-3 in penalty kicks to grab the women’s title.

The bronze medals closed out a season where both Cougars teams finished atop their respective divisions. The Cougars men finished with an 8-1-1 record and the women were a perfect 10-0.

Individually, the Cougar men had seven players finish in the top 20 in south division scoring. Lance Forsyth finished first with 10 goals in 9 games, with Arthur Paszkowski netting 10 goals in 10 games. Also in the top-20 were Brandon Czymoch, Justin Tawtel, Mauricio Rosas,

Joshua Doiron and Charlie Beaulieu.

Among goaltenders, Tudor Dinca lead the way with a 4-0 record, three shutouts and a 0.25 goals against average. David Thalheimer finished third with a 4-1-1 record, two shut-outs and a 1.00 goals against average.

Paszkowski, Forsyth, Colby Sawatzky and Justin Farenik were also named to the south division’s all-conference team. Head coach Jamie Pollock was co-winner of the south coach of the year.

On the ladies’ side, the Cougars produced six top-20 scorers, lead by Gillian

Doubleday’s record-setting performance. Doubleday finished first in south division scoring with 20 goals, and was joined by Meghan MacDonald, Brittney Ahearn, Chelsey Ruckdashel, Janelle Carbert and Lesley Oosterhoff.

Cougars goalkeeper Ainsley Cardoso-Wagner ended the regular season a perfect 8-0 with five shutouts and a 0.29 goals against average, while Kelsey Marklund was 2-0, with one shutout and a 1.50 goals against record.

Doubleday, MacDonald and Ashley Dixon were also named conference all-stars.

New Superheroes hoping to put evil on “ice”

NHL teaming with comic icon on unique project

by **Blaine Meller**
Sports Editor

Thirty superheroes, each with unique powers and abilities. One uber-villain, bent on mayhem and chaos. It’s the classic battle of good versus evil, and it’s coming soon to a National Hockey League arena near you.

The NHL is teaming with comic book icon Stan Lee on The Guardian Project, an endeavour that will see the

creation of 30 new superheroes based on each of the league’s teams. Lee, former publisher of Marvel Comics, is the man behind Spider-Man, the Incredible Hulk, X-Men and Iron Man.

Literature provided to each of the teams by the NHL describes the concept as “an epic tale of good versus evil” and “taken from the headlines of modern science.”

Each of the heroes

will have powers and abilities unique to the market and team he or she represents. For example, a report in the *Boston Herald* has identified the Boston hero as “Bruin,” a bear with a powerful roar that can freeze enemies with fear.

The Guardian Project, which will be officially launched at the NHL’s 2011 All-Star Game Jan. 30 in Raleigh, N.C., will feature webisodes at www.guardianproject30.com,

comic books and online gaming. An animated TV series and major motion picture are also reportedly in the works.

While the Calgary Flames have yet to announce details surrounding their hero, the organization is excited about both the project and new marketing opportunities it presents.

“We are very excited about this,” said Jim Bagshaw, the Flames’ vice-president of adver-

tising, sponsorship and marketing.

Bagshaw said the NHL initially approached its teams about the project back in 2009 during league meetings in Chicago, where it was “exceptionally well received.”

Bagshaw said the NHL is planning an aggressive rollout plan, including Comic-Con in San Diego and television appearances

See more pg. 15

SPORTS

SPORTS EDITOR:
Blaine Meller
sportseditor@TheReflector.ca

November 4, 2010

BY THE NUMBERS

3281:
The number of weeks Tiger Woods spent as the world’s No. 1-ranked golfer before being supplanted by England’s Lee Westwood. Nick Faldo, Seve Ballesteros, Ian Woosnam and Bernhard Langer are the other European players to hold the top ranking.

292:
Consecutive National Football League games started by QB Brett Favre.

5,084:
The number of yards thrown by Miami Dolphins’ QB Dan Marino in 1984. Marino is still the only quarterback in NFL history to throw for more than 5,000 yards in a single season.

Knocking on wood



Photo by Josh Naud
Leanne Pfliger, left, and Kaitlyn Burke have some superstitions of their own, and championship rings to vouch for them.

by Catherine Szabo
News Editor

There’s Wayne Gretzky’s jersey tucked into one side of his hockey pants, and Boston Red Sox Wade Boggs’ pre-game meal of chicken. Entire hockey teams turn into Neanderthal men with the onset of playoff season and the quintessential playoff beard.

Sport superstitions aren’t anything new to the playing field, and a kinesiology professor at the University of Calgary said it’s because of the uncertain outcome of sport.

“By following ritualistic behaviour, it gives the athletes some perception of control,” Dave Paskevich, a sport and exercise psychology professor at the U of C wrote in an email. “By having control, it can reduce feelings of anxiety, doubt and worry.”

Kaitlyn Burke, defence for the Mount Royal Cougars women’s hockey team, was able to pull off a winning streak in the playoffs two years ago after a bad season, though the team lost in the final game. During the playoffs, she was wearing black nail polish.

“So last year, I did the black nail polish thing, but for the final game, I took it off and we won,” she said. “I think it’s more just a pre-game routine of what feels comfortable and what gets (players) mentally prepared. Some people have (superstitions) and some don’t.”

Now, Burke usually wears black nail polish during the regular season, and religiously during the playoffs, though she’s careful to remove it for final games.

Leanne Pfliger, one of Burke’s teammates and the

goalie for the team, has gotten dressed for a game the same way since before she could remember.

“I know winning has nothing to do with the way I get dressed because it is all mental and I believe that is helping me, so why stop?” she wrote in an email.

Both athletes said they’re not distracted during a game if they forget their pre-game ritual; Pfliger because she said she doesn’t forget, period, and Burke said she can focus in on the game without outside influences.

“The key with great performers is even if their routine is disrupted, they can still perform well, where others will be handicapped — not be able to perform optimally — due to not being able to carry out these behaviours,” Paskevich said.

The scary side of sports



by Blaine Meller
Sports Editor

Another Halloween has come and gone, but this time, it left something behind other than stomach aches and dentist bills: The scariest sports personalities of all time.

1. Mike Tyson

In his prime, the baddest man on the planet was as scary as they came in a boxing ring. Tyson had devastating power and a bad attitude to match. Remember the classic “I want to eat your children” rant? How about when he bit the ear of Evander Holyfield? With a 50-6 professional record, Tyson might go down as one of the greatest heavyweight fighters of all time. Just keep him away from your kids.

2. Michael Jordan

When it came down to the crunch, nobody in the NBA had the scary focus or desire of No. 23. Jordan would single-handedly take over a game, imposing his will on the opposition. Jordan captured six NBA titles, tied for 10th place on the all-time list.

3. Fedor Emelianenko

The man dubbed “The Last Emperor” has long been considered the best fighter in mixed martial arts. No matter the opponent, Fedor won.


Period. Some of the luster might be gone following his submission loss to Fabricio Werdum, but many in MMA would still like to see a bout between Fedor and former UFC Heavyweight Champion Brock Lesnar.

4. Georges St. Pierre

Maybe the best pure athlete in mixed martial arts. St. Pierre is strong, fast and can beat you with wrestling, striking or submission. That’s what makes him scary; he has it all. And he’s getting better. The Quebec native is currently serving as a coach on the current season of The Ultimate Fighter, and will face off against rival Josh Koscheck at UFC 124, Dec. 11 in Montreal.

5. Tie Domi

In 1,020 career NHL games, Domi scored an unimpressive 245 points. Comparatively, he registered 3,515 penalty minutes. Short in stature, Domi loved to fight, and he was good at it. He would square off against players taller than him, bigger than him and stronger than him, yet he seemingly could not be hurt, especially if you hit him in his head. He laughed. He celebrated. Perhaps his most memorable bout was in 1992 against the late Bob Probert. After the fight, Domi smiled and motioned as if he was wearing a championship belt he stole from Probert. Make no mistake, Domi was one tough Albanian, and maybe one of the most popular Leafs players ever.



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Cougars Connection



Mackenzie Allen of the Cougars Women's Volleyball team dives it up during an Oct. 30 match against Medicine Hat. The Cougars defeated the visiting Rattlers in straight sets to improve to 2-0 on the season. On the men's side, the Cougars also defeated Medicine Hat 3-0 to improve their record to 2-0 as well. Next home action for the Cougars is Nov. 19 against Lethbridge.

Photo by Blaine Meller

Unique marketing opportunity for NHL

Continued from pg. 13

by Stan Lee on major American talk shows.

"This is going to be pushed and marketed like a major movie launch. The whole concept is very, very exciting," he said. "We think the project is going to have huge credibility, especially with a legend like Stan Lee behind it."

One of the challenges in designing the Flames' hero was identifying what

makes the team and market unique. Bagshaw said Flames' management had "long conversations" about the hero and what his or her powers should be.

"We agreed that whatever the powers were, we wanted to free the energy and enthusiasm in youth about hockey," he said, adding that "full-blown" models were used in the process.

"The trick was to make sure that the superheroes are in fact, superheroes,

and are always doing good," he said.

The launch of the Guardian Project also opens up new promotional concepts.

While the days of traditional marketing — newspapers, radio and television — are still used, the power of social media is not being overlooked.

"It's definitely a step in the right direction. Social media and marketing is a message feeder. It really does allow

us to access different demographics," said Bagshaw.

The Flames are also in the process designing a local launch, but have not released details as of yet.

"Hockey is a business, but a big part of what we do is entertainment. We are in the hockey and entertainment businesses," said Bagshaw.

"Whatever we come up with will hopefully meet our fans' expectations."

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